

# CAREER SERIES

## Career Coach



Catherine has coached thousands of individuals to successful career outcomes, through seminars and one on ones. Having worked for some of Australia's most respected talent management businesses, in 2007 Catherine created CN Consulting.

Her up to date market knowledge comes from working with some of Australia's premier employers in areas including Recruitment, Executive Coaching, HR Policy Development and Outplacement. Some of those past & current clients include:

- Coca-Cola Amatil
- Nine Entertainment Co
- Village Roadshow
- Intrepid Travel
- ANZ
- Woolworths
- RTA
- Deakin University
- GippsTAFE
- Blue Mountains Council
- Baulkham Hills Council
- Toyota
- PPG (Taubmans)

Catherine prides herself on her successful approach to career planning. Her small, passionate team of writers and coaches have excellent careers experience, a professional approach and are trained and experienced with the CN Consulting approach.

*Our Career Coaches are most often engaged as a follow – up to other programs. For example, Workshop attendees who want to practice their new – found skills and receive honest feedback on their performance, along with concrete corrective advice.*

*Clients who have engaged our Online Career Assessments will often opt to speak with a Career Coach to help them to develop strategies for deciding which path is best and taking specific action.*

*Clients who have utilised our Quick Fix Resume Booster may engage a career coach for fast, intensive and tailored advice on either their resume or next steps.*

### Job Search Advice – Career Coach

**From \$120 + GST**

*Frequently the best employees are not the best job – seekers. One on one coaching support allows you to focus just on the areas you need assistance. This makes coaching time effective and cost effective. Most importantly, it delivers results.*

*This phone based coaching is delivered either during or outside of business hours. Our Coaches each have several years' experience assisting job seekers to optimise their performance at each stage of the process. One session is often enough to equip you with all you need to wow the market.*

*Subjects addressed in Career Coaching typically include:*

- Career Direction (options analysis)
- Change Management
- Resume Advice
- LinkedIn & Social Media
- Job Applications
- Networking
- Interviews
- New – Role Negotiations

Job Search Coaching is conducted by phone and is usually available in under 5 working days, depending on coach availability.

### Executive Coaching / Team Coach / Performance Coach

*These programs are tailored depending on the need, length of program, frequency of meeting and so on, although our fees are quite transparent. Please contact Catherine to discuss your requirements or any questions.*

**Contact us for more information.**

**CN Consulting**

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